2025 Machen race report

In perfect marshalling conditions, a record field of 79 runners for this version of the race started, race winner was a previous winner James Blore of [**Chepstow Harriers**](https://www.facebook.com/chepstowharriers?__cft__%5b0%5d=AZUalQk82_AwOwNsD_hLcISWOpsqHf2p87AjMGVWysCYHjaLZLkK4knk7lZFppmGQAdWHlcJDTW4ZoWjw9YEJwdH3Nvk8-tnRx_qlJxCiO0auNeg4Q-NbFFcuhtzEwcRl3c&__tn__=-%5dK-R) in 33:39 followed by Will Precious a minute behind and James Griffiths of Pontypridd Roadents in third.

Niki Morgan of Chepstow Harriers was the ladies winner in 43:45, this was Niki’s fourth win here (with a fifth win does she get to take it home?), 2nd lady was Ella Jennings of Les Croupiers and 3rd lady was Jenny Adams.

In the age categories Chepstow Harriers dominated

F40 Ellen Sugden Pegasus

F50 Cherry Fowler Chepstow Harriers

F60 Julie Scholey Les Croupiers

F70 Margaret Griffiths Chepstow Harriers

F75 Brenda Avery Chepstow Harriers

M40 Mike Griffiths Risca Tri

M50 Paul Murrin Chepstow Harriers

M60 Paul Dodd Chepstow Harriers

M70 Steve Owen Chepstow Harriers

M75 Howard Attwood [**Lliswerry Runners**](https://www.facebook.com/LliswerryRunners?__cft__%5b0%5d=AZUalQk82_AwOwNsD_hLcISWOpsqHf2p87AjMGVWysCYHjaLZLkK4knk7lZFppmGQAdWHlcJDTW4ZoWjw9YEJwdH3Nvk8-tnRx_qlJxCiO0auNeg4Q-NbFFcuhtzEwcRl3c&__tn__=-%5dK-R)

Special mention should be made of local father and son combination Jed and Jeff Wherlock (1988 winner) in 8th and 9th places.

As has become traditional great thanks to Nick Hale for allowing us to use his magnificent garden as the finish area.

Finally thanks to the stars of the day, the marshals who give up their bank holiday afternoon to work on their tans, this year I had the very welcome help of five local people who marshalled at Cwm Fedw, the top of Oak lane, the rocky stile and near the finish. Thanks also to my current club [**Les Croupiers Running Club**](https://www.facebook.com/lescroupiersrc?__cft__%5b0%5d=AZUalQk82_AwOwNsD_hLcISWOpsqHf2p87AjMGVWysCYHjaLZLkK4knk7lZFppmGQAdWHlcJDTW4ZoWjw9YEJwdH3Nvk8-tnRx_qlJxCiO0auNeg4Q-NbFFcuhtzEwcRl3c&__tn__=-%5dK-R) for the material support as well as the volunteers and thanks to the volunteers from my previous club [**San Domenico RC**](https://www.facebook.com/SanDomenicoRC?__cft__%5b0%5d=AZUalQk82_AwOwNsD_hLcISWOpsqHf2p87AjMGVWysCYHjaLZLkK4knk7lZFppmGQAdWHlcJDTW4ZoWjw9YEJwdH3Nvk8-tnRx_qlJxCiO0auNeg4Q-NbFFcuhtzEwcRl3c&__tn__=-%5dK-R), your continuing support means a lot to me. Thanks also to [**Machen Recreation Welfare Association**](https://www.facebook.com/profile.php?id=100064571748735&__cft__%5b0%5d=AZUalQk82_AwOwNsD_hLcISWOpsqHf2p87AjMGVWysCYHjaLZLkK4knk7lZFppmGQAdWHlcJDTW4ZoWjw9YEJwdH3Nvk8-tnRx_qlJxCiO0auNeg4Q-NbFFcuhtzEwcRl3c&__tn__=-%5dK-R) for their continuing help with the HQ and commitment to the future of this race, held in some form with a gap 2011-2013 since 1979.