

Hatterrall Fell Races: FLOW TEST

Old Pandy Inn: 5.5 Miles
 Saturday 03-Feb-2024 at 13:00
 Organised by: Dan Sandford

Race Results

Pos	Bib	Name	Cat	Club	Race Time	AG Time	AG%	Gender Pos	Cat Pos
1	296	Wyndham TURNER	M Senior	Mynydd Du	00:42:03	00:41:38	55.89%	1	1
2	266	Jon LIKE	M Senior	Parc Bryn Bach Rc	00:44:00	00:42:53	54.25%	2	2
3	244	Jonathan FORD	M Senior	Mynydd Du	00:44:15	00:43:58	52.92%	3	3
4	280	Will MORRIS	M Senior	Hereford Couriers	00:45:36	00:45:36	51.01%	4	4
5	315	Mike ERSKINE	M Senior	Pontypwl & District	00:46:11	00:45:01	51.68%	5	5
6	295	Tom TURNER	M Senior	Mynydd Du	00:46:54	00:45:24	51.23%	6	6
7	245	Rich FOSTER	M V40	Monross Trailblazers	00:47:16	00:43:40	53.28%	7	1
8	310	Andrew MAY	M V40	Brecon Ac	00:47:55	00:42:51	54.29%	8	2
9	293	Matt STOTT	M Senior	Mdc	00:48:13	00:47:31	48.95%	9	7
10	241	Wilf EVANS	M Senior	Cdf Runners	00:48:32	00:48:32	47.93%	10	8
11	274	Alastair MASSEY	M Senior	Swansea Harriers	00:49:02	00:48:51	47.62%	11	9
12	300	Ben MOON	M V40	Mynyddwyr De Cymru	00:49:26	00:45:40	50.94%	12	3
13	305	Ian WHISTANCE	M V50	Mynydd Du	00:50:13	00:43:03	54.04%	13	1
14	242	Matthew FARRER	M Junior	Mydu	00:50:42	00:49:43	46.79%	14	1
15	268	Ben LOWE	M V40	Stroud & District Ac	00:50:43	00:47:14	49.26%	15	4
16	278	Chris MEDCALF	M V40	San Domenico Rc	00:51:01	00:45:38	50.99%	16	5
17	255	Katie IRONSIDE	F Senior	Mdc	00:52:05	00:51:01	51.46%	1	1
18	299	Rosie WRIGHT	F Senior	Swansea Harriers	00:52:16	00:52:16	50.23%	2	2
19	301	Samuel MALLETT	M Senior	Cdf Runners	00:52:23	00:52:03	44.69%	17	10
20	264	Matthew LAWSON	M V50	Chepstow	00:53:05	00:45:06	51.58%	18	2
21	235	Neil COE	M V40	Mynydd Du	00:55:13	00:51:25	45.24%	19	6
22	314	Will SMITH	M V40	Forest Of Dean Ac	00:55:51	00:51:36	45.08%	20	7
23	260	Peter KOVAL	M V40	Malvern Buzzards Running Club	00:55:55	00:53:44	43.30%	21	8
24	297	Martin WEBB	M V50	Mynydd Du	00:56:04	00:45:59	50.59%	22	3
25	239	Simon DARKE	M V60	Mdc	00:56:14	00:43:37	53.33%	23	1
26	227	John AGGLETON	M V60	Mdc	00:58:30	00:44:05	52.78%	24	2
27	292	Tim STOTT	M Senior	Unattached	00:58:40	00:57:31	40.44%	25	11
28	294	Paul TUCKER	M V50	Mynydd Du	00:58:42	00:48:35	47.89%	26	4
29	302	Martin WOODHEAD	M V60	Mynydd Du	00:59:07	00:47:36	48.87%	27	3
30	312	Adam MICHNIOK	M V40	Hereford Triathlon Club	00:59:45	00:55:12	42.15%	28	9
31	257	Tim JONES	M V50	Croft Ambrey Rc	01:00:03	00:50:09	46.39%	29	5
32	277	Emma McWILLIAMS	F V40	Mynydd Du	01:00:38	00:57:43	45.49%	3	1
33	309	Hugh DAVIES	M V60	Unattached	01:00:43	00:47:33	48.92%	30	4
34	261	Briony LATTER	F Senior	Mynyddwyr De Cymru (mdc)	01:00:53	01:00:37	43.32%	4	3
35	271	Paul MAMMATT	M V50	Hereford Triathlon Club	01:01:18	00:52:06	44.66%	31	6
36	250	Donna GRANT	F V40	Mdc	01:01:23	00:56:35	46.40%	5	2
37	290	Bryan STADDEN	M V60	Mynyedd Du	01:01:52	00:47:04	49.43%	32	5

Hatterrall Fell Races: FLOW TEST

Pos	Bib	Name	Cat	Club	Race Time	AG Time	AG%	Gender Pos	Cat Pos
38	234	Nikki CHILDS	F V60	Myndd Du	01:04:00	00:49:00	53.59%	6	1
39	259	Hilary KEOGH	F V60	Mynydd Du	01:04:21	00:49:54	52.61%	7	2
40	304	Sue HOWARTH	F V60	Mercia	01:04:23	00:48:01	54.68%	8	3
41	262	Vanessa LAWSON	F V50	Chepstow	01:04:49	00:56:02	46.86%	9	1
42	283	George PICKERING	M Senior	Cdf Runners	01:04:59	01:04:59	35.80%	33	12
43	291	Andy STOTT	M V60	Mdc	01:05:58	00:52:09	44.60%	34	6
44	275	Julie MATHIAS	F V50	Mynydd Du	01:06:06	00:57:09	45.94%	10	2
45	311	Don POWELL	M V70+	Bastingstoke & Mid Hants Ac	01:06:19	00:47:51	48.61%	35	1
46	265	Rose LEWIS	F Senior	Cdf Runners	01:08:02	01:07:11	39.09%	11	4
47	287	Ellie SALISBURY	F Veteran	Eryri Harriers	01:10:10	00:51:11	27.13%	5	3
48	252	Flora GUNNER	F V60	Croft Ambrey Running Club	01:10:12	00:54:27	48.22%	12	4
49	229	Emma BAGLEY	F V40	Fairwater Runners	01:10:35	01:03:07	41.60%	13	3
50	285	Sioned POWELL	F Senior	Unattached	01:11:05	01:10:36	37.19%	14	5
51	303	Emily HARRISON	F V40	Monross Trailblazers	01:13:12	01:08:39	38.25%	15	4
52	246	Rebecca FOSTER	F V40	Monross-Trailblazers	01:13:13	01:06:51	39.28%	16	5
53	313	Stewart THOMSON	M V60	Mynydd Du	01:13:17	00:58:28	39.78%	36	7
54	270	Ian MACKLIN	M V50	Mynyddwyr De Cymru	01:13:33	01:03:03	36.90%	37	7
55	249	Daniela GORMLEY	F V50	Mynydd Du	01:15:39	01:04:40	40.61%	17	3
56	253	Gary GUNNER	M V70+	Croft Ambrey Running Club	01:15:43	00:49:37	46.88%	38	2
57	307	Janet RICHARDS	F V50	Mynydd Du	01:17:29	01:05:28	40.11%	18	4
58	236	Sophie COLLETT	F Senior	Unattached	01:18:22	01:17:37	33.83%	19	6
59	256	Nicola JONES	F Senior	Unattached	01:21:48	01:21:41	32.14%	20	7