

Ras Copaon 1000m Cymru 2026 - SHORT 13m/8km - 1550m

Llanberis Base

Dechrau/Start

CP6 - Glyder Fawr
SH 642 579

Recommended Descent
Llwybr Llanberis Path

CP8 - Garnedd Ugain
SH 610 551

CP7 - Pen y Pass
SH 647 556

FINISH - Yr Wyddfa
SH 609 543

Snowdonia National Park/
Parc Cenedlaethol Eryri

SHORT RAS COPAON 1000M CYMRU WELSH 1000M 2026