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| **RAS MOEL EILIO 2024** | | | | |  |  |
| Safle | Rhif | Amser |  | Enw | Clwb | Dosb |
| . |  |  |  |  |  |  |
| Position | No | Time |  | Name | Club | Cat |
| 1 | 88 | 01:06:52 |  | Oliver Perratt | Mercia | MO |
| 2 | 98 | 01:07:55 |  | Gavin Roberts | Calder Valley | MO |
| 3 | 57 | 01:09:22 |  | Rhys Jones | Rhedwyr Hebog | MO |
| 4 | 139 | 01:10:02 |  | Sion Edwards | Eryri | MO |
| 5 | 47 | 01:10:42 |  | Dave Bus Hughes | Colwyn Bay AC | MO |
| 6 | 33 | 01:11:12 |  | Bruce Fanshawe | Mercia | MO |
| 7 | 108 | 01:12:31 |  | Wyndham Turner | U/A | MO |
| 8 | 36 | 01:12:37 |  | Joel Gomes | Mercia | M40 |
| 9 | 45 | 01:14:43 |  | Ally Hughes | Wrexham AAC | M40 |
| 10 | 114 | 01:16:08 |  | Tony Wood | Denbigh Harriers | MO |
| 11 | 93 | 01:16:15 |  | Ieuan Pugh-Jones | Meirionnydd RC | MO |
| 12 | 67 | 01:17:15 |  | Tom Leather | Tattenhall Runners | MO |
| 13 | 18 | 01:17:35 |  | Jez Brown | 0 | M50 |
| 14 | 107 | 01:18:24 |  | Tom Turner | Mynydd Du | MO |
| 15 | 124 | 01:19:18 |  | Lawrence Ramsay | 0 | MO |
| 16 | 43 | 01:19:23 |  | Joanne Henderson | Denbigh Harriers/WFRA | F40 |
| 17 | 131 | 01:19:54 |  | Lloyd Taggart | Manx Fell Runners | M50 |
| 18 | 122 | 01:20:00 |  | Oli Cox | Mercia Fell Runners | M40 |
| 19 | 12 | 01:20:07 |  | Virgil Barton | Calder Valley | M50 |
| 20 | 9 | 01:20:41 |  | John Ateyo | Mercia | M50 |
| 21 | 117 | 01:20:49 |  | Rhys Ap Gwilym | 0 | M40 |
| 22 | 138 | 01:20:54 |  | Lisa Watson | Dork Peak Fell runners | FO |
| 23 | 31 | 01:20:58 |  | Aled Edwards | WFRA | M40 |
| 24 | 118 | 01:21:02 |  | Jack Agnew | Mercia Fell Runners | MO |
| 25 | 143 | 00:82:134 |  | Craig Jones | GOG Triathlon | M50 |
| 26 | 61 | 01:22:41 |  | Joe King | 0 | M40 |
| 27 | 34 | :00:82:52 |  | Erik Francis | Cybi Striders | MO |
| 28 | 105 | 01:22:59 |  | Daniel Thwaites | U/A | MO |
| 29 | 30 | 01:23:45 |  | Michal Dzieweczynski | 0 | MO |
| 30 | 50 | 01:23:58 |  | Edward Iffla | Bro Dysynni | MO |
| 31 | 127 | 01:24:14 |  | Cedri Roberts | 0 | MO |
| 32 | 85 | 01:24:21 |  | Russell Owen | Eryri | M60 |
| 3 | 102 | 01:24:29 |  | Andrea Rowlands | Eryri | F40 |
| 34 | 44 | 01:24:38 |  | Darren Hesleton | Bro Dysynni | M40 |
| 35 | 2 | 00:84:85 |  | Simon Adney | Mercia | M40 |
| 36 | 142 | 01:24:57 |  | Delwyn Parry | Eryri | M40 |
| 37 | 106 | 01:24:49 |  | Tom Treasure | Mercia | MO |
| 38 | 141 | 01:24:55 |  | Dafydd Roberts | Hebog | M60 |
| 39 | 111 | 01:25:16 |  | Tinka Vinks | Eryri | FO |
| 40 | 7 | 01:25:24 |  | Rob Arden | Tattenhall Runners | M40 |
| 41 | 129 | 01:25:41 |  | Chris Jackson | Glossopdale Harriers | MO |
| 42 | 8 | 01:26:06 |  | Henry Aron | U/A | MO |
| 43 | 90 | 01:26:08 |  | Rhian Probert | Mynydd Du | F50 |
| 44 | 63 | 01:26:13 |  | John Langton | Mercia | M60 |
| 45 | 120 | 01:26:52 |  | David Shearer | West Cheshire AC | MO |
| 46 | 147 | 01:27:47 |  | Simon Edwards | Buckley Runners | M50 |
| 47 | 92 | 01:28:29 |  | Tomos Pugh | U/A | MO |
| 48 | 94 | 01:28:46 |  | Peter Rees | 0 | MO |
| 49 | 71 | 01:28:58 |  | Paul Manington | Gog Triathlon | M40 |
| 50 | 97 | 01:29:43 |  | Kerry Riley | U/A | FO |
| 51 | 140 | 01:29:46 |  | Tomos Jenkins | Run Free Fell Runners | MO |
| 52 | 42 | 01:30:05 |  | Adam Harper | Eryri | MO |
| 53 | 136 | 01:30:08 |  | Shane Williams | 0 | MO |
| 54 | 84 | 01:30:16 |  | Kasia Osipowicz | Eryri | F40 |
| 55 | 3 | 01:30:30 |  | Mark Agnew | Mercia | M50 |
| 56 | 29 | 01:30:51 |  | Henry Douzant | U/A | MO |
| 57 | 134 | 01:30:55 |  | Aled Wyn Owen | Eryri | M60 |
| 58 | 64 | 01:31:39 |  | Osian Larsen | U/A | MO |
| 59 | 6 | 01:34:16 |  | Gwydion Ap Wynn | Rhedwyr Hebog | M40 |
| 60 | 123 | 01:34:51 |  | Jules Toone | Mercia Fell Runners | F40 |
| 61 | 5 | 01:35:03 |  | Iwan Ap Trefor | Rhedwyr Hebog | M40 |
| 62 | 135 | 01:35:09 |  | Dylan Owen | Eryri | M50 |
| 63 | 133 | 01:35:11 |  | Mared Grug Llywelyn | Hebog | FO |
| 64 | 116 | 01:35:55 |  | Anwen Hockley | Eryri | FO |
| 65 | 49 | 01:37:06 |  | Adam Hunt | Eryri | MO |
| 66 | 76 | 01:38:55 |  | Jacki Miller | Eryri | F40 |
| 67 | 145 | 01:38:56 |  | Paul McCarthy | 0 | M40 |
| 68 | 119 | 01:39:16 |  | Glyn Thomas Wise | Wrexham AAC | MO |
| 69 | 15 | 01:39:17 |  | Jess Bibby | Cybi Striders | FO |
| 70 | 148 | 01:39:19 |  | Anna Drinkwater | Eryri Harriers | FO |
| 71 | 25 | 01:39:54 |  | Sarah Cordingly | Mercia | F40 |
| 72 | 110 | 01:40:05 |  | Neil Vicars-Harris | Eryri | M50 |
| 73 | 128 | 01:40:21 |  | Daniel Goodwin | Eryri Harriers | MO |
| 74 | 53 | 01:40:31 |  | Andy Jones | Gog Triathlon | M50 |
| 75 | 126 | 01:41:01 |  | Edward Harmer | 0 | M50 |
| 76 | 73 | 01:41:19 |  | David Marham | WFRA | M60 |
| 77 | 104 | 01:41:35 |  | Becky Sleath | 0 | FO |
| 78 | 24 | 01:47:04 |  | Emma Collins | Denbigh Harriers | F60 |
| 79 | 79 | 01:47:33 |  | Heidi O'Brien | Cybi Striders | FO |
| 80 | 80 | 01:47:53 |  | Lucy Emma O'Donnell | Eryri | F40 |
| 81 | 56 | 01:49:10 |  | Mickey Jones | U/A | MO |
| 82 | 121 | 01:49:14 |  | Lizzie Bennett | Prestatyn RC | F40 |
| 83 | 137 | 01:50:10 |  | Guto Rhys | 0 | M50 |
| 84 | 68 | 01:50:10 |  | Peter Lester-Owen | Denbigh Harriers | M60 |
| 85 | 39 | 01:50:26 |  | David Green | Pensby Runners | M40 |
| 86 | 17 | 01:50:29 |  | Louie Bligh | 0 | MO |
| 87 | 125 | 01:50:38 |  | Emily Wood | Eryri | F50 |
| 88 | 74 | 01:50:46 |  | Steven Marham | WFRA | M50 |
| 89 | 1 | 01:51:19 |  | Jeff Adams | Pensby Runners | M60 |
| 90 | 65 | 01:51:37 |  | Trevor Lawler | Eryri | M40 |
| 91 | 103 | 01:52:16 |  | Ellie Salisbury | Eryri | F60 |
| 92 | 28 | 01:52:32 |  | Jon Dixon | Pensby Runners | MO |
| 93 | 144 | 01:52:53 |  | Jean-Louis Le Roy | 0 | M60 |
| 94 | 20 | 01:52:53 |  | Caroline Caffrey | Buckley | F40 |
| 95 | 87 | 01:52:59 |  | Alwyn Parry | Eryri | M50 |
| 96 | 38 | 01:54:29 |  | Lisa Grantham | Pensby Runners | F40 |
| 97 | 21 | 01:56:12 |  | Mandy Cartwright | Prestatyn RC | F40 |
| 98 | 35 | 01:56:21 |  | Gilly Glass | Eryri | F50 |
| 99 | 13 | 01:57:48 |  | Rachael Bateman | Mercia | F40 |
| 100 | 130 | 01:58:13 |  | Harri Jordan | 0 | MO |
| 101 | 113 | 01:58:20 |  | Jenny Williamson | 0 | F40 |
| 102 | 40 | 01:58:24 |  | Flora Gunner | Croft Ambrey RC | F60 |
| 103 | 101 | 01:58:28 |  | Anne Rosbottom | Pensby Runners | F50 |
| 104 | 132 | 02:58:28 |  | Jackie Lee | Eryri Harriers | F40 |
| 105 | 26 | 01:58:18 |  | Nigel Crompton | Pensby Runners | M60 |
| 106 | 52 | 01:58:40 |  | Sophie Johnson | Prestatyn RC | F40 |
| 107 | 46 | 01:58:53 |  | Bryn Hughes | U/A | MO |
| 108 | 37 | 02:03:00 |  | Neil Gooding | Pensby Runners | M50 |
| 109 | 10 | 02:03:05 |  | Christopher Baker | 0 | MO |
| 110 | 112 | 02:04:09 |  | Owen Williams | 0 | M60 |
| 111 | 150 | 02:04:08 |  | Ed Kelly | Betsi Runaways | M40 |
| 112 | 149 | 02:05:52 |  | Graham McVey | 0 | M50 |
| 113 | 41 | 02:06:53 |  | Gary Gunner | Croft Ambrey RC | M70 |
| 114 | 54 | 02:07:17 |  | Ann Claire Jones | Prestatyn RC | F50 |
| 115 | 146 | 02:07:17 |  | Amanda Edwards | Buckley Runners | F40 |
| 116 | 14 | 02:10:20 |  | Menai Baugh | Denbigh Harriers | M60 |
| 117 | 19 | 02:12:29 |  | Steven Brown | Eryri | M50 |
| 118 | 27 | 02:12:46 |  | Stephanie Cunliffe | Pensby Runners | FO |
| 119 | 23 | 02:12:47 |  | Steve Clesham | 0 | MO |
| 120 | 81 | 02:14:23 |  | Megan O'hara | Eryri | FO |
| 121 | 77 | 02:16:20 |  | Anna Monnereau | U/A | FO |
| 122 | 89 | 02:20:50 |  | Jayne Price | Pensby Runners | FO |
| 123 | 100 | 02:22:11 |  | James Rogers | Prestatyn RC | M50 |
| 124 | 62 | 02:22:25 |  | Cath Lancaster | 0 | F60 |
| 125 | 91 | 02:27:14 |  | Willem Van Prooijen | Clwydian Range Runners | M70 |
| 126 | 109 | 02:27:18 |  | Chris Unsworth | Eryri | MO |